

2010 Jax Physique Entry Form

Name: _____ NPC Card #: _____

Address: _____

Telephone: _____ Email: _____

Age: _____ Height: _____ Weight: _____ D.O.B.: _____

Occupation: _____ Gym/Club Affiliation: _____

Years Training: _____

Men's Bodybuilding (Please check the class you intend to compete in.)

_____ Bantamweight (up to 143^{1/4}) _____ Lightweight (143^{1/4} to 154^{1/4}) _____ Middleweight (154^{1/4} to 176^{1/4})

_____ Lt. Heavyweight (176^{1/4} to 198^{1/4}) _____ Heavyweight (198^{1/4} & over)

_____ Over 40 _____ Over 50 _____ Teen (One class)

Men's Novice (Please check the class you intend to compete in.)

_____ Lightweight (143^{1/4} to 154^{1/4}) _____ Middleweight (154^{1/4} to 176^{1/4}) _____ Heavyweight (198^{1/4} & over)

Women's Bodybuilding (Please check the class you intend to compete in.)

_____ Lightweight (up to 125) _____ Heavyweight (over 125) _____ Over 30 _____ Over 40

Women's Figure (Please check the class you intend to compete in.)

_____ Short (up to & including 5'4) _____ Medium (over 5'4 & up to & including 5'6) _____ Tall (over 5'6)

_____ Over 30 _____ Over 40 _____ Teen (One Class)

Women's Fitness _____ One Class

Women's Bikini (Please check the class you intend to compete in.)

_____ Short (up to & including 5'4) _____ Tall (5'5 and over)

In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors or administrators, waive any and all right and claim for damages I may have against Dexter Jackson, John Mier &/or Premier Physiques, World Gym, UNF Lazzara Performance Hall, The Radisson Hotel and their assignees, associates or representatives, and the National Physique Committee, and their agents representatives and assignees for any and all injuries suffered by me at said NPC physique contest and in traveling to and from said NPC contest. The undersigned consents and agrees that the undersigned will comply with all rules and regulations of the contest venue, UNF Lazzara Performance Hall, and the Host Hotel, The Radisson Hotel, including any rules or regulations prohibiting cooking or food preparation in the hotel rooms and/or any damages caused to hotel room linens. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the promoters from and against any damages caused by the undersigned to the contest venue, UNF Lazzara Performance Hall, and/or Host Hotels, The Radisson Hotel, or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contest sanctioned by the NPC.

Signature _____ Parent/Guardian if minor _____

Date _____

Sanction: The National Physique Committee (NPC) sanctions this event. Competitors must be registered and a member of the NPC to compete. NPC cards will be available prior to weigh-in. NPC cards are \$90.

Eligibility: This event is a Level III and open to the Central District.

Entry Fee: **Entry fees are non-refundable.** Entry fee is \$50 per category and an additional \$50 for crossover. *Crossovers are not allowed between women's bodybuilding, figure or bikini. Crossovers are only permitted between open and masters.* **Entry fee is payable by money order only and made payable to Dexter Jackson. The deadline for entry fees is Friday, March 19th, 2010.** Entries postmarked after this date will be \$75. **Entries will not be accepted the day of the show.** Entries will be accepted at the mandatory weigh-in on Friday, April 2nd, 2010.

SEND ALL ENTRIES AND FEES TO:

Dexter Jackson
P.O. Box 551389
Jacksonville, FL 32255

Please visit www.jaxphysique.com for further information or email dextertheblade@bellsouth.net or johnmier14@gmail.com

Thank you for your participation!!!